



Last update: 15 June 2010

1. General requirements

1.1 Product name	Bi Peptides - 500 mg
1.2 Article number	
1.3 Description	<p>Recov Bipeptides is a powerful dietary protein substitute that provides a unique combination of all 22 plasma amino acids in a predigested form. Recov Bipeptides is a 100% plasma (serum albumin) product which by nature only consists out of mono- tri- and bipeptides.</p> <p>When orally digested absorbance in 15 - 25 minutes is ensured. This enables you take full advantage of the 2 hour anabolic window after workout and optimize recovery and muscle growth.</p> <p>Studies show that even a slightly lowered serum albumin level in the blood is translated in a decrease of power and loss of muscle mass. By taking Recov Bipeptides made from 100% serum albumin you can quickly load up and perform, grow and recover.</p>
1.4 Content	Recov Bi peptides with org. iron
1.5 Label	<p><i>Normal usage:</i> Supplement the first two weeks 3 tablets twice a day (6 tablet per day total). After two week dosage may be lowered to 2 tablets twice a day.</p> <p><i>Heavy usage and for pro athletes during season</i> 6 – 20 tablets per day. Dividing the product during the day is recommended. Pre training and post training is advantageous.</p> <p>In cases of abnormal sweating lower the dosage</p>

2. Packaging

2.1 Description	250 ml PET Black 45 mm black lid
2.2 Overpack	
2.3 Content	150 Tablets of 500mg

3. Physical Characteristics

4.1 Colour	Brown
4.2 Odour	Iron like
4.3 Consistency	
4.4 Netto weight	
4.5 Sizes	

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Bi peptides - 500mg.docons

**5. Analysis (per 100 gram)**

5.1 Carbohydrates	0,04
5.2 As	
5.3 Fibre	
5.4 Protein	97,5
5.5 Fat	0,05
5.6 Energy [kJ kcal]	
5.7 Dry matter	
5.8 Moisture	

6. Microbiological standards (per 25 gram)

6.1 Clostridium perfringens	< 100.000 kve/g
6.2 Bacillus cereus	< 100.000 kve/g
6.3 Salmonella	Not detected
6.4 Stahylococcus aureus	< 100.000 kve/g

7. ALBA lijst

1. Cow milkprotein	-	19. Nut oil	-
2. Lactose	-	20. Peanut	-
3. Egg	-	21. Peanut oil	-
4. Soya-protein	-	22. Sesame seed	-
5. Soya-lecithin (oil)	-	23. Sesame oil	-
6. Gluten	-	24. Glutamate	-
7. Wheat	-	25. Sulphite (E220 t/m E227)	-
8. Rye	-		
9. Beef	-	28.	
10. Pork	-	29.	
11. Chicken	-	30.	
12. Fish	-	31. Coriander	-
13. Crustacea and shellfish	-	32. Celery	-
14. Corn	-	33. Caramel	-
15. Cocoa	-	34. Carrot	-
16.		35. Lupines	-
17. Legume	-	36. Musterd	-
18. Nuts	-		

Allergy information according to the Alba guidelines.

+ The product contains the substance (as ingredient) or may contain the substance (carry-over).

- The product does not contain the substance (according to recipe).

? There is not enough information to mark the substance with a + or -, or the product may contain only traces of the substance.